

DR.PRITOSHSUNDARMOHARANA
B.A.M.S., M.D. (PANCHAKARMA)

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Personal Information:

Father's Name : Gopinath Moharana
Date of Birth : 07-March-1986
Sex : Male
Marital Status : Married
Nationality : Indian
Religion : Hindu
Languages Known : Odia, Hindi, English
Permanent Address : Door No.006, Janara, Ghasipura,
Dist-Kendujhar, Odisha, Pin-758015
Present Address : H.No.713, Gali No. 9, Chanderlok, Nand Nagri,
North-East Delhi, Delhi. Pin-110093

Career Objective

- Seeking a career position in medical sector where I can utilize my skills and potentials which demand involvement, expertise and at the same time can provide challenges.
- Performance-driven, motivated and completed B.A.M.S., M.D., with a specialization in Panchakarma. Possessing great communication skills, excellent teamwork abilities, and dedication to diagnosing and treating patients.

Education Details

Exam Passed	Name of the Board/University	Year of passing	Percentage/Result
Ayurveda Vachaspati (M.D.Ayu.)-Panchakarma	Delhi University, Delhi	2024	Passed
Ayurvedacharya (Bachelor of Ayurveda Medicine and Surgery)	Sambalpur University, Orissa	2010	62.27 %
12 th /Intermediate	B.H.I.E, U.P.	2003	52 %
10 th /Matric	B.S.E, Orissa	2001	55.86 %

Academic achievements:

- Certificate course in Good Clinical Practice in 26th March 2021-26th March 2024 by NIDA Clinical Network.
- Certificate course in Wellness and Medical tourism in January 2023 to March 2023 by Institute of Health Management Research, Bangalore, South Campus, IIHMR Group

Membership-

- Lifetime member of Vishwa Ayurveda Parishad with certificate no. OD-10701.

Researchworkin M.D.

M.D. course tenure from 11 Feb 2021 - 15 Feb 2024, I got hands on experience in Panchakarma cases by working under various consultants and acquired knowledge in management of various complicated Panchakarma cases, I have done research on topic of “Comparative study on the effect of Mustadi Yapana Basti and Balaguduchyadi Basti in Asthi Kshaya in relation to Osteopenia/ Osteoporosis and its biomarkers.” with CTRI registration No. CTRI/2022/02/040452 under the guidance of Dr. Manoj K. Shamkuwar (Supervisor).

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- AssessmentformatofVamanaKarmawithDiaryno.32088/2023-CO/LandLicensesno.L-153419/2024 dated on 10/09/2024.
- Assessment format of Virechana Karma with Diary no. 32043/2023-CO/L and License no. L-144821/2024 dated on 13/03/2024.
- AssessmentformatofSwedanaKarma/KeraliyaPanchakarmawithDiaryNo.32044/2023-CO/L and License no. L-149669/2024 dated on 24/06/2024.
- AssessmentformatofBasti KarmawithLicensesno.L-150055/2024 datedon 27/06/2024.
- Assessmentformatof Nasyakarma-Under Review
- Standardoperativeprocedureof PatraPindaSwedana-Under Review

Publication-

S. No.	Nameof author	Topic	Journaldetail	Year of Publication
1.	PritoshSundar Moharana, Manoj Shamkuwar, DivyaPanchal, Bhawna Bhardwaj, LeenaGautam	AnAnalysisof the Effects of Basti Kalpana onAsthiKshaya in Relation to Osteoporosis and Its Biomarkers - ReviewArticle	International Journal of Health SciencesandResearchIJHSR13(1), 164-169 ISSN:2249- 9571DOI: https://doi.org/10.52403/ijhsr.20230123	2023
2.	Dr.Divya Panchal, Dr. Manoj Shamkuwar, Dr. Nitin Jindal, Dr. PritoshSundar Moharana,Dr. Bhawna Bhardwaj and Dr.Leena Gautam	Use of Sthanika (external)basti in spondylitis diseases	InternationalJournalofAdvanced Research (IJAR) Int. J. Adv. Res. 10(05),1148-1152Cross RefDOI 10.21474/IJAR01DOIURL: http://dx.doi.org/10.21474/IJAR01/14828	2022

3.	Dr. Leena Gautam Dr. Manoj Shamkuwar Dr. Nitin Jindal, Dr. Bhawna Bhardwaj, Dr. Divya Panchal and Dr. Pritosh S. Moharana	Mode of Action in Conventional Symptoms of Snehapan: A Review Article	International Journal of Advanced Research (IJAR) Int. J. Adv. Res. 10(09), 326-332 Cross Ref DOI 10.21474/IJAR01	2022
4.	Bhawna Bhardwaj, Nitin Jindal, Manoj Shamkuwar, Leena Gautam, Divya Panchal and Pritosh S. Moharana	Role of Ama in the manifestation of the disease: a critical Review	International Journal of Scientific Research IJSR 11 (07), 2277 – 8179 DOI URL: https://www.doi.org/10.36106/ijsr	2022
5.	Dr. Pritosh Sundar Moharana, Dr. Manoj K. Shamkuwar, Dr. Divya Panchal	Degenerative changes in daily lifestyle- Impact Ayurveda for Public Health	WAC e-book publication- in 9th World Ayurveda Congress 2022, Kala Academy, Panaji, Goa	2022

Work Experiences:

S.No.	Organization	Post Held	Experience date	Nature of Duties performed
1	Shree Anandam Ayurveda (Multi speciality Clinic & Panchakarma Care)	Panchakarma Specialist	01/04/2024 to 16/12/2024	OPD handling experience with differential diagnosis and line of treatment as per Ayurveda with Pathya and Apathya according to disease, Proper knowledge of different types of Panchakarma procedure.
2	Ayurvedic & Unani Tibbia College and Hospital, New Delhi	M.D. Scholar in Panchakarma	11/02/2021 to 15/02/2024 (3 years)	Panchakarma procedure techniques, IPDs and OPDs, different types of presentations and examination of the patient.
3	Central Ayurveda Research Institute for Cardiovascular	Program Assistant in Pharmacovigilance	26/10/2018 to 28/02/2019 (4 months)	Gain experience in ensuring drug safety and be actively involved in evaluating adverse event reports, maintaining safety reports, doing quality assurance, and sending drug-

	Diseases(CARI-CCRAS), Punjabi Bagh (west),RoadNo. 66, New Delhi – 110026.			relatedcasereportstotheproper authorities.
4	NHM– RBSK, GhatgaonCHC, Keonjhar, Odisha.	MedicalOfficer (AYUSH)	11/12/2013 to 13/12/2016 (3years)	For a child's health screening and early intervention programs at AnganwadiandSchool,usethe4Ds (Defects at birth, Deficiencies, Diseases, Development delays including disability). Refer the sick children with major problemsdetectedandfollowupwith them to a higher institution. Monitor programs like HBNC, Immunization, Iron + Initiative and NVBDCP.
5	NRHM,District Headquarter Hospital, Keonjhar, Odisha.	DLT (District LevelTrainer)of ASHA 6 & 7 Module	Jan'2012to Mar'2013 (1year2 moths)	SkilldevelopsforreduceIMR and MMR also home visit.
6	Patanjali Yogpeeth, Sambalpur center,Odisha	Ayurvedacharya (MedicalOfficer)	06/07/2010 to 31/12/2011 (1year4 months)	-Treated to patient in Ayurvedic medicine. Job profile includes treatmentformedicine,obstetrics& gynecology, pediatric and surgery. -Also, advice specific yoga & pranayam, forspecificdisease. -AtPatanjaliYogpeeth,Haridwar(An Institute of Medical Science and Research in Yoga & Ayurveda), run by Divya Yog Mandir (Trust), Haridwar, I completed a comprehensive 35-day training in yoga and ayurveda.
7	Sri Sri Nrusinghnath AyurvedCollege & R.I, Paikmal, Bargarh, Orissa	Internship	21 st May 2009 to 20 th May 2010 (1 year)	Rotatory duties in Kaya Chikitsa (Medicine), Prasuti tantra (Obstetrics), Stree Roga (Gynecology), Bala Chikitsa (Pediatrics), Salyatantra(surgery)and Salakyatantra (Eye & ENT).

Seminar, Workshop and Conferences Attended:

1. National Seminar on Millets–Aahara for Good Health by Central Ayurveda Research Institute, New Delhi (CCRAS) on 26th June 2023 at India International Centre, Lodhi Road, New Delhi.
2. Participated in Two- days Training Programme on Intellectual Property Rights (IPR) for Ayush Sector organised by Rashtriya Ayurveda Vidyapeeth (RAV) on 28th -29th August

2023 at India International Centre (IIC), Delhi.

3. Participated in 9th World Ayurveda Congress & Arogya from 8th December 2022-11th December 2022 at Kala Academy Panjim, Goa.
4. Participated in International Seminar 2022 from 11th-13th November 2022 at Kavivarya Suresh Bhat Sabhagruha, Nagpur, Maharashtra by Ayurved Vyaspeeth.
5. Organized and attended on Vyadhinirmeet (Development of Disease) on 10th May 2021 by Department of Panchakarma, A & U Tibbia College and Hospital, Delhi.
6. Successfully Completing the Journal citation reports (JCR) certification series 2021 on 8th July 2021 by Clarivate, web of Science.
7. Online webinar on Research in Samhita and Siddhanta on 12th July 2021 by Department of Samhita and Siddhanta, A & U Tibbia College and Hospital, Karol Bagh, Delhi.
8. Attended the One-day workshop on Primary Trauma Care and Management at Ayurvedic & Unani Tibbia College and Hospital, New Delhi on 14th July 2023 by Ayush Cares.
9. Attended the One-day workshop on Primary Trauma Care and Management at Rashtriya Ayurveda Vidyapeeth, New Delhi on 2nd July 2024 by Ayush Cares.
10. Online webinar on An Update on Changing COVID-19 Scenario During the Second Wave of Pandemic on 29th April 2021 by Directorate of AYUSH.
11. Online webinar on How and When to Integrate AYUSH System in COVID-19 Care on 7th May 2021 by Directorate of AYUSH.

Skills & Strengths:

- Computer skills:
 - Well versed in use of Microsoft Word
 - Familiar with Microsoft Excel & PowerPoint & Basic course.
- Diagnosing the diseases as per Ayurvedic diagnostic concepts as Pancha Nidana, Rog-Rogi Pariksha and Dosha, Dhātu, Mala concepts.
- Good knowledge of deciding the dose of Rasasādhī and prescribing them specifically as per disease and patient.
- Good command over conducting the various Panchakarma (Ayurvedic Body detoxification) procedures related to Vamana, Virechana, Niruha Basti and Anuvasan basti, Raktamokshana and other modalities which used for Panchakarma treatment.
- Sound knowledge of deciding dietary regimen i.e. Pathya-Apathya as per disease and patient.
- Sincere, self-motivated, hard-working, optimistic & good listener, adaptable to changes.

Declaration:

I hereby declare that all the statements given above are true to the best of my knowledge.