



Prabuddh Ayurvedic Medical College Hospital and Research Centre, Bakka Khera, Thari, Malihabad, Lucknow

Time-Table B.A.M.S. 2025-26

Batch 1st Prof.

w.e.f. 01/04/2026

Day Timings	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09:00am-09:30am	PRAYER/ SANSKRIT CLUB (Parayana)	PRAYER/ SANSKRIT CLUB (Parayana)	PRAYER/ SANSKRIT CLUB (Parayana)	PRAYER/ SANSKRIT CLUB (Parayana)	PRAYER/ SANSKRIT CLUB (Parayana)	PRAYER/ SANSKRIT CLUB (Parayana)
09:30am-10:30am	PADARTH VIJNAN (NLHP) Dr. Dilip K. Yadav	PADARTH VIJNAN (NLHT) Dr. Sukhbilas Chauhan	PADARTH VIJNAN (NLHT) Dr. Aditya Verma	PADARTH VIJNAN (LH) Dr. Dilip K. Yadav	PADARTH VIJNAN (LH) Dr. Dilip K. Yadav	Sports
10:30am-11:30am	S A I (LH) Dr. Aditya Verma	S A I (LH) Dr. Dilip K. Yadav	S A I (LH) Dr. Sukhbilas Chauhan	KRIYA SHARIR (LH) Prof. Rakesh Kumar	KRIYA SHARIR (LH) Dr. Sahil Garg	KRIYA SHARIR (LH) Prof. Rakesh Kumar
11:30am-12:30pm	RACHANA SHARIR (LH) Dr. Ganesh M. Bhosale	RACHANA SHARIR (LH) Dr. Gaurav Rana	RACHANA SHARIR (NLHT) Dr. Ganesh M. Bhosale/ Dr. Gaurav Rana	RACHANA SHARIR (LH) Dr. Pooja Verma	RACHANA SHARIR (LH) Dr. Pooja Verma	RACHANA SHARIR (NLHT) Dr. Pooja Verma
12:30pm-01:00pm	LUNCH					
01:00pm-02:00pm	SANSKRIT & AI (LH) Mr. Nitesh Babu	SANSKRIT & AI (LH) Mr. Nitesh Babu	SANSKRIT & AI (NLHT) Mr. Nitesh Babu	SANSKRIT & AI (NLHT) Mr. Nitesh Babu	SANSKRIT CLUB	SANSKRIT & AI (NLHP) (Mr. Nitesh Babu)
02:00pm-03:00pm	Library	S A I (NLHT) Dr. Sukhbilas Chauhan	S A I (NLHT) Dr. Dilip K. Yadav	S A I (NLHT) Dr. Sukhbilas Chauhan	S A I (NLHT) Dr. Dilip K. Yadav	S A I (NLHT) Dr. Sukhbilas Chauhan
03:00pm-04:00pm	R S-B1, B2 K S-B3, B4 NLHP/ CP Dr. Gaurav Rana / Dr. Sahil Garg	R S-B3, B4 K S-B1, B2 NLHP/ CP Dr. Gaurav Rana / Dr. Sahil Garg	R S-B1, B2 K S-B3, B4 NLHP/ CP Dr. Pooja Verma / Dr. Sahil Garg	R S-B3, B4 K S-B1, B2 NLHP/ CP Dr. Pooja Verma / Dr. Sahil Garg	R S- Full Batch NLHP Dr. Ganesh M. Bhosale/ Dr. Gaurav Rana	K S (NLHT) Dr. Sahil Garg

B1- 1 to 13

B2- 14 to 25

B3- 26 to 38

B4- 39 to 50

LH- Lecture Hours

NLHT- Non-Lecture Hours (Theory)

Non-Lecture Hours (Practical)



**Prabuddh Ayurvedic Medical College Hospital and Research Centre,
Bakka Khera, Thari, Malihabad, Lucknow**

Time-Table B.A.M.S. 2025-26

Batch 1st Year

w.e.f.- 01-04-2026

Subject	LH	NLHT	NLHP/ CP	Total Class Hours
Rachana Sharir	4/wk	2/wk	5/wk	11/wk
Kriya Sharir	3/wk	1/wk	4/wk	8/wk
Padarth Vigyan	2/wk	2/wk	1/wk	5/wk
Sanmskrit & AI	2/wk	2/wk	1/wk	5/wk
Samhita Adhyayan	3/wk	5/wk		8/wk
Library				1/wk
Sports				1/wk

Max. Total Classes In A Week	Max. Total Classes To Be Taken By Teachers In A Week
36/wk	38/wk

Prabuddh
प्रबुद्ध आयुर्वेदिक मेडिकल कॉलेज
हॉस्पिटल एवं रिसर्च सेंटर
लखनऊ